

# JOIN THE MOVEMENT!

Corporate Sponsorship
Information Packet

## Sponsorship Opportunities with LEAD, Inc.

- General Funding
- Youth Mental Health First Aid (YMHFA) Camp Sponsorship
- Health Educator Toolkit for High Schools
  - o TriHealth Curriculum Supplement
  - HealthLab (Online)

## **Corporate Benefits**

- Featured on LEADnow.org as a "Community Partner"
- Spotlighted in quarterly #LEADnow Newsletter and on social media platforms including Facebook and Twitter
- Announced and thanked at annual events, YMHFA trainings, and kickoff celebrations at participating schools
- Tax-deductible donations due to LEAD's 501(c)(3) status



Contact Kyrah Altman to join the #LEADnow Movement!

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LEADnow.org

# **General Funding**

#### **Public Education**

**Let's Empower, Advocate, and Do, Inc.** (LEAD) is a 501(c)(3) nonprofit corporation whose mission is to provide students, educators and organizations curriculum and training to promote mental health education and wellbeing.

LEAD's programs and school-based model focus on improving early intervention for mental illness in schools, preventing tragedy, and empowering students to seek treatment when suffering in silence.



# WHY?

- One in five youth (ages 13-18) suffer from a severe, diagnosable mental illness, raising the risk of substance use, suicide, school dropout, incarceration and self-harm (CDC).
- 70% of youth suffering from mental illness fail to receive treatment (NAMI).
- Suicide is now the second leading cause of death for adolescents (NAMI).
- 50% of all lifetime cases of mental illness expose themselves by age 14 (NAMI).

# Youth Mental Health First Aid (YMHFA) Camp Sponsorship

\$5,000 (50 Certified Counselors/Staff)

Just as CPR helps you assist an individual having a heart attack, Youth Mental Health First Aid helps you assist a young person ages 8-18 experiencing a mental health or substance use-related crisis.

Youth Mental Health First Aid is an eight-hour certification by the National Council for Behavioral Health that focuses on risk factors and warning signs for mental illness and addiction, strategies to help people (ages 13-24) in crisis and non-crisis situations, and resources for help.

In the wake of recent suicides and mental health crises occurring at camps, LEAD, Inc. provides certification to camp counselors in internationally-recognized Youth Mental Health First Aid.



WHY? After conducting a study with a population of camp counselors, we found that 92.4% saw a camper struggling with a mental illness and 95.4% believed they had missed warning signs and symptoms of campers in the past.

Sponsor a community camp or public recreation department today!

## Health Educator Toolkit for High Schools

#### \$15,000

- TriHealth Curriculum Supplement
- HealthLab

In the wake of the Newtown, CT tragedy, eight high school students transformed their creation of a Health Educator Toolkit into a nonprofit corporation, determined to **redefine health education nationwide**.

Using the expertise of clinicians, social workers, and school personnel, LEAD developed an evidence-based and user-centered model to maximize student learning, strengthen community resilience, and encourage self-advocacy skills through proactive health education in high schools.

#### LEAD's three-tiered model includes

- 1. **TriHealth Curriculum Supplement:** Providing health teachers with a curriculum guide to incorporate mental health and social & emotional learning into existing "comprehensive health education" classes. This supplement empowers students to overcome stigma, seek treatment, and utilize healthy coping mechanisms.
- 2. **HealthLab:** Providing school districts with an online platform subscription with screening tools, resources for students, parents, and educators related to adolescent mental health, and blended learning that coincides with the curriculum.
- 3. YMHFA Certification: Certifying high school educators and staff in Youth Mental Health First Aid (YMHFA), an international training designed for teachers to identify and properly react to high-risk behavior in students in crisis and non-crisis situations.

Schools currently piloting our model have shown significant increases in care-seeking behaviors, self-advocacy skills, and self-care strategies utilized by youth.

"This year, I had a student come to me realizing he was depressed and he asked for help. We, as teachers, are more than just educators, for some, we are a lifeline. We listen, we cry, and we hurt with them. For some we are their only source for nurturing and consistency."

-De Wisuri, Health educator piloting LEAD's model in Leominster, MA

Sponsor a public high school in your community today!

# Did we say Corporate Benefits?

#### Community Marketing, Publicity & Positive Branding

- Featured on LEADnow.org as a "Community Partner"
- Spotlighted in quarterly #LEADnow Newsletter and on social media platforms including Facebook and Twitter
- Announced and thanked at annual events, YMHFA trainings, and kickoff celebrations at participating schools
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# **Directly Impact YOUR Community!**



#### **Public Education**

\$250 LEADership Presentation for high schoolers

\$250 Professional Development for educators and school administrators



#### Youth Mental Health First Aid

\$20 Youth Mental Health First Aid Participant Manual (YMHFA)

\$100 YMHFA Certification Scholarship \$3,000 YMHFA Certification of Thirty Student Leaders

\$5,000 YMHFA Certification of Fifty Camp Staff



#### Health Educator Toolkit

\$500 Annual subscription to HealthLab \$10,000 TriHealth Curriculum Supplement \$15,000 Health Educator Toolkit (Subscription & Curriculum for high school)